

## **ABSTRACT**

A device for dispensing a predetermined volume of flowable fluid to be taken into the body by the mouth for digestion or absorption has a vessel with a handle, a bottom, and a top lip. A baffle plate and a delivery tube are also provided. The baffle plate has a top surface, a bottom surface, and an opening, and the baffle plate is positioned in the bottom of the vessel so that the bottom of the vessel and the bottom surface of the plate form a reservoir for containing a predetermined volume of flowable fluid. The delivery tube is connected at one end to the reservoir and extends upwardly above the lip of the vessel. When the vessel is filled with flowable fluid, the reservoir fills by way of the opening so that a predetermined volume of fluid is dispensed from the upper end of the delivery tube when the vessel is tipped.